



"HFC has helped my son develop independence--go to activities on his own, have fun with his peers, have regular activities to look forward to in his week, have places to hang out with same-age group friends with similar interests."



"HFC helps my child have a life rich with activities that he enjoys and which are located in his community/neighborhood, while gaining life and leisure skills."

Highland Friendship Club 2009 Annual Report

Dear Highland Friendship Club members, parents, donors, volunteers and partners,

We're all familiar with the expression "Stop and smell the flowers," right? Well, this is our opportunity to remind YOU to stop a second or two and experience the beauty of what you've created!

In 2009, we added program and administrative staff to support an expansion of activities. Our partnerships with community organizations and local foundations supported this expansion.

YOU are the reason this organization is successful and growing. Please let us know what we can do to support your involvement with the Highland Friendship Club. Contact me at 651-307-0096 or info@highlandfriendshipclub.org. Thanks again for all you do for HFC!

Pat Leseman
Chair, Board of Directors

"HFC staff is well-trained & well-suited for the activities they are leading. The staff enthusiasm helps the HFC members get involved and excited about the activities."



Teams Work!

Volunteers contributed over 800 hours of volunteer time in 2009! Teamwork is often the best way to get a job done and HFC had many volunteer teams supporting member activities and events in 2009. Paula and Erin Keys, a mother/daughter volunteer team, helped out with Girls Night Out activities in 2009. A group of UPS volunteers (pictured below) worked together to register Lanes for



Friendship participants. Several teams of HFC parents provided leadership and lots of hands on support for the event too. Cretin-Derham Hall teachers, Paul Nyberg and Suzanne Zobitz, helped CDH students coordinate monthly activities for HFC members. Team up with a friend, co-worker, neighbor or spouse and volunteer for HFC.



Donor Spotlight

Most of you have heard of Cretin-Derham Hall (CDH) if you read our newsletters, live or work in St. Paul or follow Joe Mauer. What you may not know is

Cretin-Derham Hall played a key role in helping the Highland Friendship Club grow into the organization it is today. In 2004, CDH offered the use of one of the art classrooms for HFC activi-

ties. Today, HFC continues to use the art room at CDH for various activities as well as the theater for our music performances. The weight room and gym are used for fitness classes and the commons room is available for events and activities with CDH students at no charge to HFC. During the summer, HFC uses space at CDH four days during the week. The CDH community has supported our growth by also providing monthly activities for HFC members through the CDH Friendship Club, offering technical support for events and spreading the word about HFC to the CDH community of students, parent and alumni. Thank you for your continued support.

2009 Financial Information

Income

Corporations	\$5,420
Foundations	\$25,500
Govt. Grants	\$28,000
Individuals	\$16,628
Interest income	\$590
Membership fees	\$32,425
Special Events	\$52,897

Total Income \$161,460

Expenses

Administrative	\$25,391
Special Events/Fundraising	\$22,911
Programs	\$83,173
Outreach	\$14,386

Total Expenses \$145,861

In-Kind Support: \$32,750

(includes space, volunteers and supplies donations)

2009 Member Activity Information

Forty new members joined HFC in 2009. HFC has a total of 180 members. HFC provided an average of ten activities per week from September to May and an average of twenty activities per week June through August. Seventy members participated in summer activities. One hundred twenty five volunteers provided support for activities and events.

2009 Club News

In April 2009, HFC, Upstream Arts and St. Paul Adaptive Recreation joined forces to host a Spring Break Camp for transition age youth. Campers met at Linwood Rereation Center and spent the week having fun with friends.

In the Fall of 2009, HFC started a new program called Community Club. Led by staff member Carole Bloom, HFC members are volunteering as a group in the community. Twice a month they go to Feed My Starving Children in Eagan and pack food bags for children all over the world. St. Vincent's Thrift Store provides volunteer opportunities at their store for HFC members. Hermes Floral donates flowers and members arrange

bouquets which are delivered to a local nursing home and a St. Paul hospice. HFC members enjoy volunteering their time to help their community and with Carole's guidance and support, they're becoming stellar volunteers.

HFC was awarded an \$8,000 City of St. Paul Cultural STAR grant in November 2009 for the Culture Club program which is a partnership with Upstream Arts and the Jewish Community Center of St. Paul. Culture Club will offer HFC members the chance to experience live art in the St. Paul Cultural Corridor and the chance to create their own art. Culture Club will start in April 2010 and will serve 30 HFC members.